



SPA 
da Quintinha

TREATMENTS






A moment on your own...

BOOK NOW
- 291 740 920 -

TIMETABLE:
11:00 a.m. - 7:00 p.m.



A large area of lush gardens, displaying an extensive range of plant species and majestic century old trees, nestles behind the Quintinha de São João awaiting its visitors. At the entrance stands a straight-lined building living in perfect harmony with its surrounds and juxtaposed with a swimming pool and pleasant sunbathing area.

An oasis of tranquillity with pungent smells and pleasant views integrating itself wholly with nature. Add to this, the smiling faces and happy disposition of our professional therapists.

Welcome to the “Spa da Quintinha”!

Based on the philosophy of health and organic “wellness”, by means of touch and contact we tailor make our treatments to cater for the requisites of each individual following prior consultation.

And water – this element, fundamental and characteristic of all authentic Spas, prominently features in our treatments as a complement to each therapy session.



EXPRESS TREATMENTS

LOCALIZED EXPRESS MASSAGE (20min.) -

Therapeutic massage, concentrating on the area of the back, head, legs or feet, in order achieve maximum relaxation. This concentrates on the most affected areas by stress.

25,00€

FACIAL EXPRESS MASSAGE (20min.) -

This personalized mini facial treatments have been devised to provide maximum results in the minimum time. Renewing and revitalising your skin, these treatments will encourage a younger and healthier look.

25,00€

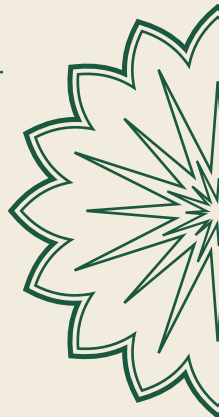
AESTHETICS

FULL MANICURE - 15,00€

FULL PEDICURE - 20,00€

EXPRESS MANICURE (15min.) - 6,00€

EXPRESS PEDICURE (15min.) - 11,00€



BODY EXFOLIATION

DEEP EXFOLIATING RITUAL WITH SALTS FROM THE DEAD SEA AND ORANGE ESSENCE (45min.) -

A vitalising body exfoliation, enriched with salt from the Dead Sea and essential orange, lemon and tangerine oils, which deeply remove dead cells, revealing a smooth and radiant skin. This is suitable for all skin types.

50,00€

EXPRESS EXFOLIATION RITUAL WITH SESAME SEEDS AND FLAX EXTRACT (30min.) -

A mixture of energizing cereals with a high concentration of anti-oxidants and unsaturated fatty acids, namely omega 3 and 6, result in soft, luminous and rejuvenated skin.

45,00€

Please note: These treatments entitle you to 1 hour free access to the special showers, the hammam and sauna.





FACIAL TREATMENTS

RITUAL OF TOTAL PURITY (60min.) -

A deeply hydrating treatment that calms even the most dehydrated of skins. This treatment results in a deliciously fresh, radiant and hydrated skin.

50,00€

PERFECTION AND RADIANCE RITUAL (60min.) -

Aimed at skin showing the first signs of aging, this energizing and revitalizing treatment gives back luminosity and vitality to tired skin, leaving it smooth, toned and revitalized

55,00€

PERFECT AND SUBLIME RITUAL (60min.) -

In order to reverse the natural aging process of the skin, this treatment is directed at mature skin, deeply nurturing it and resulting in a reduction of lines and replenishment of skin and giving way to a youthful elasticity.

60,00€

IMMERSIVE RITUAL EXPERIENCE(1h30min.) -

Anti-aging treatment that stimulates the reduction and combat of deeper wrinkles. Rediscover a smooth and more youthful skin.

65,00€

THE ULTIMATE UPLIFTING RITUAL (1h30min.) -

This is the deepest and most all round anti-aging facial treatment. This is meant for mature skin that shows pronounced wrinkles, loss of firmness, age spots and hyper sensitivity. This treatment tones and returns elasticity whilst at the same time deeply hydrating and nourishing the skin, leaving it firmer, fuller, glowing and with an air of rejuvenation.

80,00€



BODY TREATMENTS

SUBLIME & SENSITIVE RITUAL (60min.) -

Another excellent way to detoxify the system whilst deeply hydrating the skin and helping to liberate excess stress.

55,00€

ENERGIZING RITUAL (60min.) - *This treatment above all focuses its attention on harmonising your spiritual auras.*

60,00€

ANTI CELLULITE AND SLIMMING RITUAL (1h30min.) -

This treatment promises to calm the lymphatic system which is responsible for detoxifying the organism, whilst at the same time fighting muscular and rheumatic pain.

70,00€

DEEP NOURISHING RITUAL (60min.) -

This is recommended for those wishing to tone and tighten up the skin, whilst simultaneously fighting liquid retention in the body.

70,00€

GLOBAL FACE & BODY TREATMENT

DAY DREAM (60min.) -

This treatment combines the exfoliating properties of salts from the Dead Sea and hydrating essential orange and mandarin oils. With gentle, relaxing and irresistible movements, to finish off, a layer of jojoba and palmarosa body lotion is applied. If you are looking for the complete sensation of rejuvenation and revitalization of body and mind then this treatments is definitely for you.

60,00€

Please note: These treatments entitle you to 1 hour free access to the special showers, the hammam and sauna.



MASSAGES

RELAXING BACK MASSAGE (45min.) -

Penetrates the deepest tissues, and liberates muscle tension resulting in a light and relaxed sensation.

40,00€

RELAXING FULL BODY MASSAGE (60min.) -

This treatment harmonizes the emotional, mental and physical energies, releasing a full sense of well-being.

60,00€

COMPLETE HARMONY MASSAGE (60min.) -

Let your body be molded by our therapist in a combination of comfort, peace and harmony.

65,00€

HOT STONES (70min.) -

Based on age-old techniques that harmonize the emotional, mental and physical energies, using essential oils with a deep massage of relaxation and re-charging of energy.

70,00€

ZEN (50min.) - *An all-round relaxing massage which caters very much to each individual. Great attention is paid to the person's state of mind and spirit.*

45,00€

Please note: These treatments entitle you to 1 hour free access to the special showers, the hammam and sauna.



WATER TREATMENTS

Baths with a temperature of between 37 and 39 degrees are a perfect way to ease tension, smooth away pain whilst distributing oxygen to the cells.

Cold baths improve the body's defense mechanism against illness. Subtly changing between hot and cold baths is the technique used to lessen the flaccidity of the skin.

Make it so your bath, besides being a pleasant experience, affords health, comfort and well-being.

TROPICAL SHOWER - 5,00€

HAMMAM - 10,00€

JACUZZI - 10,00€

SAUNA - 10,00€

PACK WATER TREATMENTS (1H) -

Tropical Shower, Jacuzzi, Hammam and Sauna.

25,00€ (1pax)



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